



# 2020 Summer Camps

## What makes our camps unique?

Led by Certified Parkour Instructors, our camp schedule is packed with several daily lessons, games, and learning opportunities. Campers will learn and improve jumping, vaulting, climbing, rolling, and flipping skills before applying them to a variety of games. These games are disguised full of lessons to test their newly practiced skill sets, build self-esteem and confidence, gain resiliency, work as a team with their peers, learn to accept guidance from certain individuals, and take independent steps for success.

Our camps are designed for ages 5 and older.

## Activities:

- Parkour and Movement Lessons
- Lunch and Snacks are provided for Full Day Camps
- Arts and crafts to design materials used for games
- Nerf and Movement Games
- Parkour Education and History

Full Day Camps run from 10AM-4PM

Half Day Camps run from 9AM-12PM for Morning Sessions, 1-4PM for Afternoon Sessions

<u>Dates:</u>	<u>Pricing:</u>
June 15th-19th 22nd-26th	<ul style="list-style-type: none"><li>• 5 Full Days of Camp: \$375</li><li>• 5 Half Days of Camp: \$275</li><li>• Single Day of Camp: \$80</li><li>• \$75 off for each additional week of camp!</li><li>• Early Bird: \$50 off on 5 day camps if you register before May 1st</li><li>• Ask about family discounts!</li></ul>
July 13th-17th July 20th-24th	

**Register at [swift-movement.com/Summer-Camps](https://swift-movement.com/Summer-Camps)**

